

Happenings – calendar Summer – Autumn 2018

We apologise for the delay in communication from us and also for this shortened version. With less funding we also have less staff and have to make cuts in various areas – this newsletter is one of those. We hope it is a temporary measure but cannot guarantee that. We are sending a copy of a membership form with this. If everyone who received this were to become a member it would make a considerable difference to our ability to continue to provide services for women and families in Enfield. We have in fact reduced the cost of membership to £10 per year as in 2010.

Wednesday 8th August – Walton-on-the-Naze coach trip – Prices same as last year - Adults £15.00, Members & Concessions £12.50, Children £7.50. Secure your seat with a £5 deposit per person.

Wednesday 29th August - Knebworth House coach trip – At present it is £17 per head for coach and entry to the gardens and adventure playground. House is an extra £3.50 for adults and £3.00 for children and seniors payable at the door. Entry to Knebworth is free for children 3 and under.

Come along for a Wednesday Coffee morning

11.00—12.30

Ponders End URC Hall—Opposite Ponders End Library, and AGE UK offices
College Court, EN3 4EY

Check out our Facebook page for up to date info including possible days in the park, activities to include children /new speakers, etc. added to activities

Unless otherwise stated we suggest a donation of £1.00 for these sessions
These are coffee morning dates through to September

June	July	August	September
27 th	4 th , 11 th , 18 th and 25 th	1 st , 15 th and 22 nd	5 th , 12 th , 19 th and 26 th

18th July coffee morning with ICan Service – speaker Anna Kourdoullou

The iCan service is a free, impartial and confidential service, which aims to improve health and wellbeing of adults aged 18 and over, who are living in Enfield and have one of the following long term health conditions
Diabetes, Dementia, Stroke or have had a fall or are at risk of falls

8th July – Ponders End Festival – 12.00 – 5.00 at Ponders End Park, EN3

come and see us at the festival and enjoy activities in the community

2nd September – Palmers Green Festival, 12.00 – 7.00 at Broomfield Park, N13

come and see us at the festival and enjoy activities in the community

Freedom Programme Every Thursday from 12.30 – 2.30 (term time)

For women affected by Domestic Abuse

The course is free and provides a supportive, safe and friendly environment involving active participation in structured discussions on the subject of domestic abuse.

The aims of the Freedom Programme: help women identify abusive behaviours and beliefs held by abusive men, help women gain self-esteem and the confidence to improve the quality of their lives show how domestic abuse affects children, help women recognise future abusers and move on to abuse free lives

Venue Ponders End United Reform Church Hall, College Court, EN3 4EY Opposite the Ponders End Library/Age UK office To confirm your attendance or refer someone to the course please email - info@enfieldwomen.org.uk - or call us on 020 8351 8934 – leave a message if necessary

It feels as if we are always begging for money and here we are, once again asking those we support and who support us, to help out. A team member just pointed out that we are not alone in this; almost all charities are doing the same including those that have huge budgets in comparison to ours.
If you have any ideas on how we can access more funding do please let us know.

At present we have two fundraising promotions

Knebworth House trip

We are trying to raise funds to take families and isolated people who don't get a summer break to Knebworth House for a day. Knebworth House has lovely gardens, dinosaur trail, maze, adventure playground, fort, super slides, etc. This is a great venue for all ages and suits our client group well. A lot of our client group cannot afford the full cost of £17 per person; this includes coach and entry to the grounds.

We have a target of £750 of the £900 it is going to cost.

To donate to this please use this link to MyDonate

<https://mydonate.bt.com/charities/enfieldwomenscentre>

Or

Via mobile: Give any amount from £1 upwards Text FREE31 followed by £ (your amount) to 70070.

Disabled access to the centre

We are still collecting towards the costs of improving access for disabled clients.

To donate to this please use this link to JustGiving

<http://www.justgiving.com/enfieldwomenscentre>

or

Via mobile: Give any amount from £1 upwards Text FREE31 followed by £ (your amount) to 70070.

**If you want to donate to the centre via BACS please get in touch and we will give you the details.
Any donations which are Gift Aided substantially increase the value to the Centre.**

**We have this year, reduced the membership subscription to the level it was back in 2010.
Namely £10.00 per year or £5 for 6 months.**

Continued relationship New regulation regarding Data Protection

In order for us to continue to be able to send you information on activities and services at Enfield Women's Centre we need your consent. We have a Privacy Policy which can be viewed online – we are arranging for this to be on our Facebook page. Our website is under reconstruction at present.

We have never shared information on people who are connected with the centre without first discussing with the individual concerned. We will never do this. This new regulation reinforces our existing position on this.

In order for us to continue to keep you informed we need you to complete the form enclosed with this newsletter. It is the membership form – the options for continuing to receive info is on there. You do not have to be a member for this to apply to you so do please complete and return the form. If you have an email address do please consider adding that. Please print addresses so we get them right.